Our philosophy of care

At The Lister Hospital we recognise that critical illness can affect anyone at any time. Our purpose is to provide and maintain a high standard of quality care for our patients, and support their family and friends through an often emotional and challenging time. We recognise that each patient in our care is unique: we respect their feelings and beliefs, and acknowledge their right to confidentiality, privacy and dignity.

Compared to other wards in the hospital, the Critical Care Unit may seem different and daunting. Throughout a patient’s stay, we’ll offer plenty of support and reassurance, as well as providing patients with all the information they need to fully understand their condition and recovery.

The Lister Hospital’s Critical Care Unit provides dedicated specialised care to seriously ill patients with a range of surgical or medical conditions. With six beds, the Unit is staffed by a multi-disciplinary team of Consultant Intensivists, pharmacists, physiotherapists, a dietician and Critical Care nurse. Patients have 24 hour access to a state-of-the-art radiology department and can be referred to consultants from the full range of medical and surgical specialities, as required.
Delivering the highest standards of critical care

Our dedicated Critical Care team is committed to providing the very best critical care to patients and their families.

Our aims:

• To work in a co-operative multi-disciplinary team where the patients’ well-being is our primary concern

• To act as the patient’s advocate where necessary

• To provide a relaxed and friendly atmosphere where families feel welcome and are encouraged to participate in care giving where appropriate

• To keep patients and their families informed of any changes in condition and/or treatment, whilst respecting patient confidentiality, offering support where necessary

• To respect and treat patients as individuals by recognising their spiritual, emotional and cultural needs

• To maintain patients’ dignity and independence.

Translation services are available at The Lister Hospital through the Front of House team - telephone +44 (0)20 7730 7733
Dr Craig Carr MB ChB MSc DA FRCA DICM FFICM
Consultant Intensivist

Dr Craig Carr is the Clinical Lead for the Critical Care Unit and former Head of Department at the Royal Marsden Hospital’s Intensive Care Unit. He has qualifications granted by the University of Dundee, The University of Glasgow and the Royal College of Anaesthetists. He undertook post-graduate training in Glasgow, Edinburgh and London and held academic posts with the University of Glasgow and University of London.

Dr Carr was involved in commissioning several intensive care units over a 15 year period prior to joining The Lister Hospital. His main clinical interests include renal replacement therapy and oscillatory ventilation. He also has a keen interest in management and is currently undertaking part-time studies at the Said Business School of the University of Oxford.

Dr Tim Wigmore MBBS FRCA EDIC FCICM
Consultant Intensivist

Dr Tim Wigmore is Consultant in Intensive Care and Anaesthetic Medicine and Medical Director (Clinical Services division) at the Royal Marsden Hospital. He qualified from Oxford University (John Radcliffe Hospital) in 1994 having conducted his pre-clinical studies at Cambridge University (Clare College). He subsequently trained at the Imperial School of Anaesthesia before moving to Australia where he spent three years working in ITU in Sydney and gained the Australian Fellowship in Intensive Care.

His areas of interest include infectious diseases and care of the haemato-oncological patient in intensive care units. He is widely published in the field of intensive care.

Dr Wigmore also specialises in anaesthesia for urological oncology patients and has extensive experience managing patients undergoing robotically assisted surgery.
Dr Jonathan Handy BSc MBBS FRCA EDIC FFICM
Consultant Intensivist

Dr Jonathan Handy is a Consultant Intensivist and Anaesthetist at Chelsea & Westminster Hospital and is Clinical Lead for North West London Critical Care Network patient transfers. Qualifying from University College London Medical School in 1995, he continued his specialist training at Imperial College School of Anaesthesia.

He is an editor of *Anaesthesia* journal and has developed, taught and directed numerous educational courses including Medical Simulation.

His research focuses on acid-base disturbances, lactate in critical illness, development and application of mathematical physiological models, critical care transfers and molecular physiology of critical illness.

Dr Umeer Waheed MBBS FRCA EDICM FFICM
Consultant Intensivist

Dr Umeer Waheed qualified at Guy’s and St. Thomas’ Medical School and trained at the North West Thames School of ICM and Anaesthesia. He is currently Consultant Intensivist at Hammersmith Hospital, London, Imperial College and the Lead for undergraduate Intensive Care Medicine teaching in North West London.

Dr Waheed’s main clinical interests include cardiogenic shock, invasive cardiac output monitoring and analgesia in intensive care. His research interests include biomarkers of sepsis and clotting disorders.
Providing an excellent service at a challenging time

The Lister Hospital’s Critical Care Unit is equipped with the latest state-of-the-art facilities and offers:

- Six bed capacity at level 3
- 24 hour patient outreach service to the clinical areas
- Specialist doctors and highly qualified Consultant Intensivists, providing the best quality of care
- Experienced nursing staff, all specialised in critical care
- Dedicated Physiotherapy team for seriously ill patients
- Access to full imaging capabilities including CT, MRI, ultrasound and general x-ray, all supported by PACS systems.
A reassuring 24 hour outreach service

Once patients leave the Critical Care Unit, they are monitored day and night by our Outreach team to ensure a smooth, safe transition from the CCU. The team is comprised of senior Critical Care nurses and provides a reassuring 24 hour service to patients who may require further support. The patients are routinely assessed for 24 - 48 hours following their discharge from CCU, or longer if required.

Following their transfer to the ward environment, patients are assessed by ward nursing staff using a Modified Early Warning Score (MEWS): if a patient’s MEWS score is concerning, they are immediately referred to a doctor and the Critical Care Outreach nurse.

The CCU team will work closely with ward staff to ensure monitoring standards and responses are appropriate to the patient’s ever changing needs. Patients can be monitored on the ward by telemetry and remotely observed in CCU.
Local Accommodation - Short Term

The Lister Hospital is centrally located close to Sloane Square, Victoria and Knightsbridge with a number of hotels nearby. If you’d like any advice on where to stay, please call the Marketing team on +44 (0)20 7881 4008, or choose from one of the hotels listed below.

The Draycott Hotel
The Draycott Hotel is a small elegant 5* town house suite hotel replete with luxurious finishes and grand interiors. It’s situated in a quiet garden square within walking distance of Knightsbridge, Sloane Street and Kings Road.
For reservations and enquiries:
  t: +44 (0)20 7730 6466  
e: reservations@draycotthotel.com

The Pestana Chelsea Bridge Hotel & Spa
The 4* luxury Pestana Chelsea Bridge Hotel & Spa is situated in the heart of Chelsea Bridge Wharf, opposite Battersea Park and is ideally located about 5 minutes' walk across the river from The Lister Hospital.
For reservations and enquiries:
  t: +44 (0)20 7062 8000  
e: res.uk@pestana.com

Jumeirah Carlton Tower
This luxury 5* hotel is situated in the heart of Knightsbridge and is located within walking distance of Harrods and Harvey Nichols department stores as well as the exclusive designer boutiques of Sloane Street.
For reservations and enquiries:
  t: +44 (0)20 7235 1234  
e: JCTreservations@jumeirah.com

The Lord Milner
The Lord Milner offers a unique combination of homely feel and fashionable life style. It’s an 11-bedroomed Edwardian terraced house offering luxurious bed and breakfast accommodation in Belgravia. Whilst being close to The Lister Hospital, The Lord Milner is also just a short walk to Buckingham Palace and the Royal Parks.
For reservations and enquiries:
  t: +44 (0)20 881 9880  
e: info@lordmilner.com
Local Shopping

The Lister Hospital is conveniently situated in the heart of Chelsea. Sloane Square is only 5 minutes’ walk from the hospital and marks the beginning of both Kings Road and exclusive Sloane Street, both of which house the flagship stores of many luxury brands. Knightsbridge, with its highly desirable shops and fashionable boutiques, is also close by.

Harrods Limited
87-135 Brompton Road, Knightsbridge SW1X 7XL

Harvey Nichols
109-125 Knightsbridge SW1X 7RJ

Peter Jones
Sloane Square SW1 8EL

Local Banks

Gulf International Bank
1 Knightsbridge SW1X 7LX
t: +44 (0)20 7409 2567

NatWest Bank
Unit 5, The Willett Building, 2, Sloane Gardens SW1W 8DL
t: +44 (0)845 6002803

Barclays Bank
30 Sloane Square SW1W 8AF
t: +44 (0)845 7555555

HSBC Bank
76 – 78 Kings Road SW3 4TZ
t: +44 (0)845 7404404
The Lister Hospital is situated in Chelsea on the north side of the River Thames. It is within easy access of Sloane Square and Victoria stations with good rail and road links to London’s main airports.

**By car:** Parking is limited and patients and their visitors are asked to use the public car parks shown on the map. The nearest car park is in Battersea Park. There is limited meter parking in Royal Hospital Road

**By tube:** The nearest Underground stations are Sloane Square (10 minutes walk) and Victoria.

**By bus:** 44, 137, 360 and 452 buses stop outside the hospital.

**By train:** The nearest mainline station is Victoria. It is about 15 minutes walk from the hospital and has good connections to the underground system.

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**The Lister Hospital**

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w www.thelisterhospital.com

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