



Getting in touch

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Directions

The Lister Hospital is situated in Chelsea on the north side of the River Thames. It is within easy access of Sloane Square and Victoria stations with good rail and road links to London's main airports.

By tube:

The nearest underground stations are Sloane Square and Victoria.

By bus:

The 137 bus stops outside the hospital.

By train:

The nearest mainline British Rail station is Victoria and there are good connections from other stations by bus and underground.

By car:

In common with most hospitals in London, car parking is limited and patients and their visitors are asked to use the public car park shown on the map below. Parking for disabled patients or visitors can be arranged by contacting Main Reception: 020 7730 7733.

By air:

The hospital is within easy travelling distance by rail or road from Heathrow, Gatwick and City airports.



Lister Hospital

Pre-Admission Assessment Clinic

Caring for you

Coming into a hospital can be an unsettling experience. You have to adapt to new routines and surroundings. We realise a stay in hospital may create problems for you, your family or carer.

Therefore, in attending our Pre-Admission Assessment Clinic, we not only assess that you are fit for the operation, but it also enables us to give you a clear understanding of your hospital stay, the operation itself and any family support or discharge plans that may need to be prepared.

The clinic is led by a registered nurse and other members of the multi-disciplinary team, for example a physiotherapist and other specialities if required. There is also access to the Finance Department if required.

Benefits of attending

- A clear understanding of what your operation entails and the family support you will require
- Assesses your fitness for surgery
- Initiates discharge support if appropriate
- Informative, easy to read advice sheets
- Avoids unnecessary stress, gives you 'Peace of Mind'
- Family members are encouraged to be present and involved in care
- Later admission time prior to surgery

What happens at Pre-Admission Assessment?

You will be seen in the clinic approximately 1-2 weeks prior to your admission. Usually you will be required to stay approximately 1 hour.

In this time you will have all the appropriate pre-operative tests and investigations required as specified by your Consultant Surgeon and Consultant Anaesthetist.

These may include a blood test, ECG (tracing of your heart rate and rhythm), a nose swab and appropriate x-rays.

The nurse will assess your medical status and if necessary liaise with your Consultant. She will discuss care pertinent to your stay and give advice for discharge home.

If appropriate, the physiotherapist will also visit you.

Things to remember to bring to the clinic

- Completed health questionnaire, including all medication taken
- Wear loose fitting clothing as you may need to change for tests

You may wish to bring a member of your family or a friend.

For further information

Please telephone 020 7730 7733 and ask to speak to the Pre-Admission Assessment Nurse.